



## The Therapy Commitment

Your physician has recommended physical and/or occupational therapy to help your condition. Therapy prescriptions (required by law) are only good for the amount of time your physician prescribed or 30 days. Frequency of therapy is also specified in the prescription. Insurance carriers consider less than 2 times per week to be “maintenance” and generally will not reimburse for this.

At the time of your evaluation, your goals for therapy are written by the Physical or Occupational Therapist (PT or OT). These goals must be reassessed at the end of the prescription time. Continuation of therapy is completely dependent on your progressing and/or meeting these goals. As with ALL therapy programs, progressing towards your goals is very dependent on the frequency of your therapy treatments. Missed appointments, for any reason, reduce your likelihood of meeting your goals.

Your physician has made the commitment to support your healing with prescribing or recommending therapy. Your therapist has made the commitment to develop a comprehensive and customized program to maximize your potential to heal. Your insurance company has made the commitment to financially support your healing process. Attending your prescribed therapy appointments is a commitment that only you can make.

We are committed to helping you meet your health goals. In order to do this we must ask that you adhere to our attendance policy.

- After two (2) “no shows” continuation of therapy services are contingent upon PT/OT discretion.
- After three (3) cancellations of any kind, continuation of therapy services are contingent upon PT/OT discretion.
- Please give 24 hours notice when canceling or rescheduling appointments. Our answering machine is always on.

**Thank you for helping us to help you with your health needs!**